

**Diabetes Support Group Meeting** 

Diabetes support group meetings provide information and support for individuals dealing with a diabetes diagnosis, symptoms and/or treatment protocols.

## Join us to ...

- Learn useful and up-to-date information and strategies that will help you manage diabetes to achieve your best health.
- Share your experiences with others who understand the everyday and long-term challenges posed by diabetes.

There is no cost to attend and you are welcome to bring a family member, friend or caregiver.



When and Where: 5:30-6:30pm Monday September 19, 2016 Talbot Senior Center 400 Brookletts Avenue Easton, MD 21601

Meeting Facilitator: Karen Hollis RDN, LDN, CDE

**Topic: 6 Ways Technology is Changing Diabetes Care** 

More Information: Call 410 822-1000 ext. 5196 or 5188